



# Senior First Aid TRAINING

Upon successful completion of the theory and practical requirements for **HLTFA301C - Apply First Aid;** participants will be able to demonstrate the skills and knowledge required to provide senior first aid response, life support and management of casualty(s) until the arrival of medical or other assistance. There is no pre-requisite required for this session.



## Session content includes:

- ✦ Assessing the Situation
- ✦ Plan an appropriate first aid response
- ✦ Performing CPR for both Adults & Children
- ✦ Infection control & wound care
- ✦ Understanding use of an Automated External Defibrillator (AED)
- ✦ Asthma, Anaphylaxis & Lateral mask training
- ✦ Head, neck and spinal injuries
- ✦ Seizures, Shock & Stroke
- ✦ Substance misuse – common drugs, alcohol, including illicit drugs
- ✦ Awareness of stress management techniques

## Assessment methods:

Practical CPR & Bandaging skills, written questions & case studies.

Timing: 1 x 8 hour workshop (one day).

Cost: \$110 per person

**Locations:** We service all areas throughout Sydney, Newcastle and the Central Coast. Courses are held weekly in Wyong or alternatively we can arrange to visit your workplace for group sessions. Please contact us to discuss your requirements. We have a solution for any business or individual!

**To register visit:** [www.karbentraining.edu.au](http://www.karbentraining.edu.au) simply complete the First Aid Enrolment Form online or call on the number below for a form to be mailed to you. Registration will be confirmed within two working days.



Ph: (02) 4353 7188 or visit [www.karbentraining.edu.au](http://www.karbentraining.edu.au)